

REAL School Consultation and Training Services

Workshops and Trainings may be scheduled by the hour, half-days, and whole days.

Topics include:

Alternative Education (planning, developing new programs, sustainability, evaluation); Service Learning; Aspirations Programming; Alternative Curriculum Development; Therapeutic Adventure; Restorative Justice; Positive Behavior Supports and Interventions; Behavior Management; Developing Resilience Through Internal Locus of Control; Instructional Strategies to Engage Disaffected Learners; Grantwriting

Workshop topics and trainings may be combined and tailored to meet specific staff needs.

Consultant / Training Fees*:

Hourly	Half-Day (3-4 hours)	Whole Day
\$120	\$325	\$450

Travel expenses may also apply.

*Districts sending students to The REAL School qualify to receive two free hours of training and consultation per school year.

Overview of Learning Objectives:

Behavior Management –

1. Prevention!

Participants will learn strategies for creating a positive classroom community; developing universal and individualized positive behavior supports; altering curriculum and instructional strategies to minimize the likelihood of negative behaviors; creating “unavoidable success” situations; adopting and maintaining a “professional persona” to depersonalize the impact of negative behaviors on teachers.

2. In the Trenches!

Participants will learn specific tools, scripted phrases, and diversionary techniques to help manage and diffuse negative behavior when it first begins, and to help reinforce positive behaviors.

3. In Crisis!

Participants will learn de-escalation strategies for managing the most challenging behaviors, explosive episodes, and moments of crisis.

Restorative Justice –

Participants will be encouraged to develop a philosophy of school discipline that views

its purpose as being instructional and restorative rather than punitive. Strategies for implementing a Restorative Justice model (for classroom settings or for school-wide implementation) will be shared. Materials and resources for implementation (student reflection sheets, apology letter templates, etc.) will be provided.

Alternative Curriculum Development –

Participants will learn step-by-step protocols for creating student-centered, interdisciplinary units of study, lesson and activity plans, and assessments for disaffected, alternative learners. Multiple pathways to the achievement of the Maine Learning Results Standards are explored. Principles of “Backward Planning” are illustrated and practiced – beginning with essential outcomes and understandings, and then including student input into the development of “pathways” (the series of activities that will lead to the essential outcomes) and of “products” (the evidence that will demonstrate achievement of the essential outcomes).

Instructional Strategies –

Participants will gain a toolkit of ideas, alternative methods, and classroom protocols to enhance the educational experience for disaffected learners. Creating a classroom community; utilizing daily rhythms and rituals, (creating a “tribe”); simplified differentiation; structuring classroom time into predictable chunks; Socratic, constructivist ways of developing meaning, connections, and understanding; and other topics will be explored.

Developing Healthy Locus of Control in At Risk Students –

Participants will learn ways to foster resilience in students using: simple tools for assessing the degree to which individual students understand the relationship between their actions and the resulting consequences; strategies for strengthening this understanding (structured debriefing, therapeutic adventure, teambuilding and “challenge-by-choice” activities, community-based activities/service learning, and more); and ideas for creating a school or classroom community that supports and values personal accountability (and, ultimately, individual empowerment)!

Aspirations Programming –

Participants will receive curriculum materials for (and be trained in the implementation of) a series of student activities designed to foster the development of student aspirations. This curriculum includes exercises for identifying and prioritizing personal values; activities for defining individual aptitudes and interests; protocols for goal setting, action planning, decision making, and problem solving.