

# Eagle News

August 2009

## Opening days of school...

Applications for parking can be picked up in the main office; these require a parent or guardian signature. Students can pick up parking passes any time from August 25<sup>th</sup> through the first day of school. Passes are \$5.00 and students need to bring the application, their license, proof of insurance and current registration. Students are not allowed to park behind the gym or in the middle school lots as these are for faculty, the main entrances will be the only unlocked doors after 7:25 a.m.

### August 31 – First teacher day

**All schedule changes need to be done by September 10th. Please call the Student Services office to make an appointment – 892-1810 option 4. Only errors in schedules will be done after this date.**

**September 1 – Freshman Day / Clubs & Activities fair** – all grade 9 students report to school by 7:25 a.m. for a day of orientation activities. Freshmen Parents are invited for bagels and juice at 7:00 a.m. followed by a 1 hour orientation from 7:30 to 8:30. Students should bring \$3.00 to cover snacks and lunch. Students will meet with their advisors and run through their schedules. They will get new copies of their schedules that will also have their locker number and combination on it. At lunch, we will have an activity fair so students can find out what we offer for clubs and activities.

**September 2** – All students report to school by 7:25 a.m. Seniors will report to the performing arts center and all other students will go to their advisory groups. Students will get copies of their schedules in advisory group and follow a shortened period schedule for the day. Students will have an extended advisory time to get handbooks and all the necessary paperwork to start school. Clubs and Activities will be showcasing their organizations at lunch.

**September 3** – Will be a maroon day with periods 1, 3, 5, and 7.

**September 4 and September 7** – NO SCHOOL

**September 8** – Will be a white day with periods 2, 4, 6, and 8.

**PATHS** starts school on Thursday, September 3<sup>rd</sup>.

**WRVC** starts school on Thursday, September 3<sup>rd</sup>.

**REMINDER:** All vocational school students are required to ride the school transportation to and from PATHS or WRVC.

**Please watch for important information coming home the first day of school. This will include emergency forms, free/reduced lunch forms, and school lunch account information.**

**School Pictures – September 16<sup>th</sup> - All students must have pictures taken for ID purposes.**

## *From the Principal*

While Ms. McAfee continues her recovery from her recent stem cell transplant, I will continue to cover for her in the office. Mr. Rossetti has agreed to continue filling in as Assistant Principal. Mr. Folan has agreed to delay his retirement and substitute for Mr. Rossetti until Ms. McAfee returns. We hope to welcome her back in early November.

We have many new faces and names this year. In the English department we welcome Mr. Lawrence, Mr. Sanders, Ms. Thumm and Ms. Ryan. Ms. LeRoy joins us in family/consumer science, Ms. Lake-Adams in social studies, and Mr. C. Hanson will be back for a year in science. Ms. Abbott, Ms. Peters and Ms. Richard are the teachers formally known as Ms. Quale, Ms Makkreel and Ms. Harriman, respectively. We have some new programs, new support staff and new lockers, and the custodial staff is finishing up with the final touches on the beautiful building.

We are gearing up for a new school year and getting ready to welcome close to 1050 students to Windham High School. We are getting calls about what students need for supplies for school. Most of our teachers use 3 ring binders for classes. Students need pens and pencils and a scientific calculator for math classes below the Algebra 2 level. Students in Algebra 2 and above need a graphing calculator with a TI-83 or 84 suggested. On the first day, teachers will let students know if they need any other supplies for class. Teachers will have their course syllabi posted on our website by the third day of school. This will be in the staff directory section.

We are excited to welcome you and look forward to an outstanding and safe year.

Ms. Deveaux



For information on bus routes or times of pick-ups, call 892-1809.

The school district's web site is [www.windhamraymondschools.org](http://www.windhamraymondschools.org) you can access high school information by clicking on the high school page.

### **Contacting Staff**

We have several options you can use to reach a staff member at Windham High School. We all have the same address - [@windhamraymondschools.org](mailto:@windhamraymondschools.org). All you have to do is type the person's first initial and last name before the address above – such as: [prossetti@windhamraymondschools.org](mailto:prossetti@windhamraymondschools.org). All faculty and staff members also have voice mail. You can access teacher voice mail by dialing 892-1810 and selecting option 2 for a dial by name directory. A list of all the WHS employees can be found on our web site.

### **Open House**

Our Open House will be Thursday, September 17<sup>th</sup> from 6:30 – 9:00 p.m. Parents will follow their child's schedule for short periods and meet all their child's teachers.

### **Community Service**

Diane Leavitt, Business Education teacher, has been hired to coordinate the community service requirement for the high school students. All students must now complete community service hours to graduate. Freshmen, sophomores, and all incoming classes will need 40 hours, juniors 30 hours and the seniors 20 hours to graduate in June 2010. We have a link on the high school web site so that students can check it for volunteer opportunities and members of the community can solicit help from students. Keep checking the website: [www.windhamraymondschools.org](http://www.windhamraymondschools.org) for more details. Mrs. Leavitt will be coordinating this along with students in the Business Simulation program, a class offered at Windham High School. Students who have done community service over the summer will need to be sure they have the paperwork filled out and they will turn it in to their advisors when school starts.

### **Yearbook Pictures**

Year book pictures for the class of 2010 should be submitted to the yearbook by Oct. 1. Please be certain to put your name on the back of the pictures or use an envelope with your name on it. You should also be thinking about yearbook messages, also due by Oct. 1. Pictures being emailed should be sent to [jdunn@windhamraymondschools.org](mailto:jdunn@windhamraymondschools.org).

## **National Honor Society**

The following students were inducted into the National Honor Society on May 17. They were selected for their accomplishments in scholarship, leadership, service, and character. Congratulations!

Grade 11

Samiratu Abdul-Karim, Christina Agneta, Andy Brix, Shane Eliassen, Jacob Hufstader, Kayla Kennedy, and Jess Merrill.

Grade 10

Tyler Brennick, Gina Cirillo, Logan Cummings, Christopher Frost, Evan Gardner, Cassi Gordan, Riley McCarthy, Lydia Manchester, Benjamin Noble, Nathan Paluso, Rachel Scala, Elizabeth Shively, Shelbi Wassick, Lance Webster, and Keisha Williams.

## **Athletics**

The athletic hotline 892-1810 option 5, then option 1, for general athletic information and for up to date information regarding schedules, cancellations/postponements.  
[www.viewmyschedule.com](http://www.viewmyschedule.com) is where you will get your most up to date information regarding schedules, cancellations/postponements, as well as announcements and scores.

### **To see your sport schedule:**

Go to Viewmyschedule.com

Type in the school name

This brings you to our new Sports Home Page (announcements will be posted on the chalkboard here)

Click on **View my schedule** for the events of the day

Click on **Teams** (for a schedule for a specific sport)

Choose your team

Click on Team Schedule

On this website, you can sign up to receive emails for changes in your sport schedule. This is a new site in progress, and we hope to be utilizing it much more next year. We currently have Varsity scores on the website and you may see notices appear on the chalkboards of the site for your teams. Many of our opponents include directions to their fields and facilities on this website, if you were to choose a specific game.

Cancellations/updates: [www.windham.k12.me.us](http://www.windham.k12.me.us) 892-1810 option 5 and option 1

## **Important Information Regarding High School Communications**

This is the only newsletter you will receive via the USPS unless you specifically request a mailed copy. The high school sends out all newsletters and information by email. You can join the program at: [http://33lnt.com/mailman/listinfo/WindhamHighSchool\\_33lnt.com](http://33lnt.com/mailman/listinfo/WindhamHighSchool_33lnt.com)

There is a link on the school department web-site in the What's New section. [www.windhamraymondschools.org](http://www.windhamraymondschools.org)

If you want to continue to receive a paper copy of the newsletter, please send a note in to the main office with your student. Thank you.

If you know someone who is not receiving this newsletter, please have them contact the main office with their email address. Thanks for your help. Dial 892-1810, option 3.

## **Fall Musical**

The 2009 Fall musical-Oliver show dates November 6, 7, 8 and November 13, 14, 15; Directed by Rob Juergens; Musical Direction by Rick Nickerson, and Choreography Jon Miele....Mark your calendars!



A parent's decision to keep a child home from school when he or she is sick can sometimes be a difficult one. No parent wants to interrupt their child's learning, and for some, keeping a child home means missing work or losing pay. However, if he or she has a serious illness such as influenza, it's important for the child to stay home from school. By taking this step, parents can help their children get better faster as well as prevent the spread of illness to others. Following are some frequently-asked questions and answers to aid parents in decision making this flu season.

**Q: Should I keep my child home from school if he or she has cold or flu symptoms? Is your advice different for cold versus the flu?**

**A: If your child has flu symptoms, you should keep him or her home from school. If your child has a cold, the decision to keep him or her home may depend on the severity of symptoms.** A good rule of thumb is to keep your child home if he or she has a fever of 100 degrees or higher.

**It's also important to know the difference between cold and flu.** Flu is a serious illness, and children who have the flu should always stay home from school. Flu symptoms include fever, along with chills, cough, sore throat, headache or muscle aches. Many people describe it "like being hit by a truck." It is a good idea to contact the child's doctor if he or she has these symptoms. Symptoms of a common cold include stuffy nose, sneezing, sore throat and hacking cough. Often, cold symptoms come on gradually. Although the common cold is usually not serious, if the symptoms are severe, it's a good idea to keep your child home to rest and get better.

**Q: If my child does have the flu or a bad cold, how long should I keep him or her home from school?**

**A: Parents should keep their sick children home from school until they have been without fever (temperature under 100 degrees) for 24 hours, to prevent spreading illness to others.** Flu is spread from person to person through coughing and sneezing. Occasionally, people can get the flu from touching a germ-infested surface. Children are one of the biggest sources of flu spread.

**Q: Should I call the doctor if I think my child has the flu?**

**A: If a child experiences flu symptoms, parents should contact their child's doctor quickly.** Some children may benefit from an antiviral medication, which can be prescribed by a doctor and can help lessen the number of days that a child is sick with the virus. To be effective, antiviral medication should be taken within 12-48 hours after flu symptoms begin.

**Q: What should I do to help prevent the rest of the household from getting sick?**

**A: Teach and practice healthy habits.** Wash your hands often with soap and warm water for at least 20 seconds to help prevent germs from spreading. Avoid touching your eyes, nose and mouth, because the virus can spread when your hands touch surfaces that are infested with germs. Also, **consider contacting your doctor** if someone in your household gets the flu. A doctor can prescribe antiviral medication that can actually prevent other members of the household from catching the virus.

This program is sponsored by the National Association of School Nurses (NASN) and funded by a contribution from Roche

FOR ADDITIONAL INFORMATION ON THE INFLUENZA VIRUS, VISIT [WWW.CDC.GOV/FLU](http://WWW.CDC.GOV/FLU)

### Summer Reading

Summer Reading is mandatory for Honors and AP classes; highly recommended for all (you get extra credit!). Check out summer reading on our website.

## **Upcoming events**

**September 1 – First day for Freshmen**

**September 2 – All students attend**

**September 3 – Maroon day, periods 1, 3, 5, 7**

**September 3 – Vocational schools start**

**September 4 – No School**

**September 7 – No School**

**September 8 – White day, periods 2, 4, 6, 8**

**September 13 – Windham Athletic Booster Club Auto Show on high school campus**

**September 16 – School pictures**

**September 17 – Open House**

**September 21 to 26 – Homecoming week**

**September 28 – NWEA testing begins**

**October 1 – Senior pictures due for yearbook**

**October 9 – Early Release 10:00 a.m.**

**October 12 – No School**

**October 14 – Senior breakfast, PSAT's, Freshmen Awareness**

**November 6 – 1<sup>st</sup> quarter ends**

Windham High School  
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